

Minneapolis Plastic Surgery, LTD

763-545-0443 (24 hours)

If answering service does not pick up call 952-653-0784. In an EMERGENCY call 911

ANTIBIOTICS

* **KEFLEX** (Cephalexin)-(500mg or 250mg x 2)

Take 500mg 3 times per day, or every 8 hours. Continue taking this medication until prescription is finished. Start this antibiotic tomorrow.

* **CIPRO** (Ciprofloxacin)-(500mg)

Take 1 tablet 2 times per day, or, every 12 hours. Continue taking this medication until prescription is finished. Start this antibiotic tomorrow.

MUSCLE RELAXANT

ROBAXIN – (methocarbamol)-(750mg)

Take 1 tablet every 3 hours while awake (for muscle discomfort or spasm).

PAIN MEDICATIONS

* **NORCO (VICODIN)** – (hydrocodone/acetaminophen)-(7.5mg/325mg)

Take ½-1 tablet every 4-6 hours as needed for pain.
Start with ½ tablet. Take with food.

* **PERCOCET** – (oxycodone/acetaminophen)-(5mg/325mg)

Take 1-2 tablet every 4-6 hours as needed for pain.
Start with ½ tablet. Take with food.

CELEBREX – (Celecoxib)-(200mg) Anti-inflammatory (also helps relieve discomfort)

Take 1 tablet every 12 hours for 5 days. Start this tomorrow.

ANTI-NAUSEA MEDICINES

COMPAZINE- (Compazine)-(25mg)

Use 1 suppository rectally every 6 hours as needed for nausea or vomiting.

ZOFRAN – (ondansetron hydrochloride)-(8mg)

Place 1 tablet on tongue every 8 hours as needed for nausea.

STEROID FOR SWELLING

(if prescribed)

MEDROL DOSEPAK – (Methylprednisolone)-(4-48mg/day tapering doses)

Start in morning Day 1—Follow directions on back of dosepak

ARNICA MONTANA – HOMEOPATHIC (over the counter) for bruising/swelling reduction in facial cases

Place 2 tablets under tongue 3x per day for 5 days

*These medications may cause upset stomach. We recommend taking with food or milk. If vomiting occurs, stop medications and resume when nausea subsides.

The pain medications are strong and may cause drowsiness. **DO NOT** drink alcohol, drive a car, or operate machinery while taking these medications.

Allergies are rare to these medications. If you develop wheezing, rash, hives, or itching, **STOP** the medications immediately and notify your doctor (763-545-0443) or call 911 if difficulty breathing.

DO NOT USE ANYTHING WITH ASPIRIN OR IBUPROFEN FOR 4 WEEKS AFTER SURGERY.